

Learning Multiprofessional Working Methods in MIMO

Multiprofessional teamwork (MPT) is seen in **MIMO** as a way to work with young people. Multiprofessional teamwork is based on sharing and cooperation. In MIMO professionals share their knowledge and skills for the common goal of the group and combine their strengths in order to effectively work together.

Art-based methods are referred to when art is applied for something else than artistic goals.

Art-based methods are applied in order to stir one's senses and mind and also to bring out experiences and emotions. Interaction skills, self-knowledge, well-being and feeling of belonging are good examples for the aims that are pursued when using art-based methods.

In MIMO art-based methods are applied when working with young people. theatre, dance, photography, visual arts, puppetry, music and digital storytelling are examples of the methods used in MIMO. Feedback has been very positive and encouraging.

MIMO has supported the specialisation of students and professionals in multiprofessional teamwork and knowledge in art-based methods:

- Multiprofessional study module has been developed during MIMO: **Art-Based Methods in Youth Work (10 ECTS)**.
- Multiprofessional groups have provided activities for young people through various performances, clubs and workshops like **It Is OK to Stay Sober** (educational drama events) for schools in Finland and **Performing Art Clubs** in youth centres and schools around Estonia.

Art-Based Methods in Youth Work Study Module developed in MIMO

After the study module the student:

- Knows art based methods and has the ability to apply them in her/his future profession while working with young people
- Understands the possibilities provided by the multiprofessional teamwork
- Understands the different perspectives of different fields (youth work, social work, health care and arts)

Par A: Perspectives to youth, alienation and art-based methods

- Introduction to art-based working methods
- Privacy of the client and psychological safety
- Perspectives of developmental psychology to working with the youth
- Perspectives of youth work, social work and health care to working with the youth
- Instruction of youth groups and participatory working methods

Part B: Participation as a team member in group applying art-based methods

- The students get personal experiences of working in a group that applies arts.

Part C: Guiding a group of young people using art-based methods

- The students plan and execute youth club activities for a group of young people using art-based methods. The student groups are working in multiprofessional teams from different disciplines.

Part D: Optional Studies